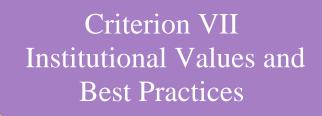


VSPM Academy of Higher Education Jawaharlal Nehru Arts, Commerce and Science College Wadi, Nagpur Dist. Nagpur (Maharashtra) 440023



7.1 Institutional Values and Social Responsibilities

7.1.1 Measures initiated by the Institution for the promotion of gender equity and Institutional initiatives to celebrate / organize national and international commemorative days, events and festivals during the last five years



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E-mail: jnc.wadi@rediffmail.com



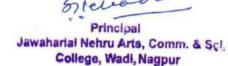
Phone: (07104) 220963

Date: 10/09/2024

This document hereby confirms that the data enclosed, comprising information, supporting documents, numerical data, and reports, has been thoroughly examined and authenticated by both the IQAC and the Principal, and is deemed accurate.

Convenor

(IQAC) JN. Arts, Comm. & Sci. College Wadi, Nagpur





Jawaharlal Nehru Arts, Commerce and Science

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WOMEN GRIVANCE REDRESSAL CELL



Jawaharlal Nehru Arts, Commerce and Science

College, Wadi, Nagpur- 440023 (M.S.)



(Affiliated to RTM Nagpur University, Nagpur)

Website: www.jncwadi.ac.in E-mail: jnc.wadi@rediffmail.com

Phone: (07104) 220963

IQAC/ Department of Physical Education/ Women Grievance Redressal Cell One Week Add-on Course in Yoga and Meditation 2023-24

Name of the Department/ committee	IQAC/ Department of Physical Education Women Grievance Redressal Cell
Name of the Coordinator	Dr Sarang Khadase Dr Kalpana Borkar
Title of the Event/ Programme	One Week Add-on Course in Yoga and Meditation
Date of the Programme	25 to 30 April 2024

Objective of the event/Programme:

- **Stress Reduction**: Promote relaxation and decrease stress levels through mindfulness and breathing techniques.
- **Improved Focus and Concentration**: Enhance mental clarity and the ability to concentrate, benefiting both personal and professional life.
- **Emotional Balance**: Cultivate emotional awareness and regulation, helping to manage anxiety, depression, and other emotional challenges.
- **Physical Well-Being**: Support overall physical health through improved flexibility, strength, and posture.
- **Self-Awareness**: Foster greater self-awareness and mindfulness, encouraging a deeper understanding of thoughts and behaviours.
- **Spiritual Growth**: Encourage a connection to one's inner self or higher consciousness, fostering a sense of purpose and meaning.

Total No. of the Participant	35
Total No. of the Teacher	04
Participant	
Expert Faculty	Ms Mala Bhojane
	Ms Meera Warudkar
	Mr Aryan Kale
	Mr Gupte

S.	Name of the Event	Report
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0		

1	One Week Add-on Course in Yoga and Meditation	 The Yoga and Meditation Camp started at 9.00 in the morning in the college auditorium. The instructors: Ms Mala Bhojane, Ms Meera Warudkar, Mr Aryan Kale and Mr Gupte instructed the participant students about the various techniques of yoga and meditation. The camp was conducted from 25th to 30th April 2024. Students enjoyed learning the techniques of meditation energy levels, importance of yoga, general ailments and remidies. The camp concluded on 30th April. 35 students participated in this one-week camp.
2	Outcome	 Enhanced Physical Health Improved flexibility, strength, and overall fitness. Better posture and body awareness. Emotional Well-Being
		 Greater emotional resilience and regulation. Increased self-awareness and personal insight. 3. Skill Development
		 Acquisition of new yoga techniques and practices. Learning tools for mindfulness and relaxation that can be applied in daily life.
		4. Holistic Well-Being
		 A comprehensive sense of well-being that integrates physical, mental, and emotional health. Adoption of healthier lifestyle choices post-camp.

Lunasuf

Dr Sarang Khdase Coordinator Department of Physical education

Spende

Principal Jawaharlal Nehru Arts, Comm. & Science College Wadi, Nagpur

Dr Sanjay Tekade Principal Jawaharlal Nehru Arts, Commerce & Science College, Wadi













VSPM Academy of Higher Education Nagpur Jawaharlal Nehru Arts, Commerce and Science College Wadi, Nagpur

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ADD-ON COURSE IN YOGA AND MEDITATION

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	COURSE STRUCTURE
ourse Title	Wellness Through Meditation - A Pathway To
Jure	Awaken Inner Excellence
ourseObjectives:	
1 To equip students with p	pro-peace values, skills and attitudes necessary to become
wholesome persons and resp	onsible citizens of the society.
2. To help students to gain inf	formation about basic structure of our own body, soul, state of ir influence on our body and behavior.
To introduce students with	our own subtle system and their importance on our body and
behavior.	feative comitive processes.
4. To develop the holistic chara	acter of the student by more effective cognitive processes.
ourseOutcomes:	
After completion of this cou	urse, students will be able to:
	1 1 11 heing
1) Enhanced physical	and psychological well-being. nitive processes (memory, analysis, evaluation)
2) More effective cog	IIII vo prese tit 1 moo
T and decision	LITTER B
 Improved decision Increased interperson 	onal effectiveness
6) Ability to cope up	onal effectiveness with stress (resistance to and recovery from).
	74.
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ourseContents:	in importance
1) Introduction of the course	
 Introduction of the course Balance and imbalances 	
 Balance and imbalances Subtle system 	
 Balance and imparates Subtle system Physical Exercise 	
 Balance and imbalances Subtle system 	

LearningResources:

The following books can be referred -

1. Guidebook for academician & students by National Academic team of Sahaja Yoga Dhyan Kendra.

2. Human Energy Center

Additional Materials No additional material needs to be purchased

Web Resources: amruta.org freemeditation.com

Pedagogy:

- 1. Meditation
- Some physical exercises
 One to one discussion
- Audio-video techniques
 Assessment

Syllabus: Wellness Through Meditation - A Pathway ToAwaken Inner Excellence

Lecture No.	Topics to be covered in the course	Learning Outcome/Questions to elicit
1	Introduction &Importance of the course	Why meditation is important? A holistic approach for complete development. Importance of the course as to how to find out our own shortcoming and develop is through complete well being
2	Balance and Imbalances (Subtle system – 3 channels)	Identifying balances and imbalances in our life behavior and learning how to overcome them Introduction to the three channels detail description their importance and limitations.
3	Subtle system – 1 st energy center	Introduction to 1 st energy center – pelvic plexus, their importance, qualities and diseases associated with it Feedback and changes in the self-development.
4	Subtle system – 2 nd energy center	Introduction to 2 nd energy center – Aortic plexus, their importance, developing the qualities of creativity, stable and concentrated mind, dynamic personality, diseases associated with it. Feedback and changes in the self- development.
5	Subtle system -3 rd energy center	Introduction to 3 rd energy center – Solar plexus, their importance, developing the qualities of generosity contentment, self-respect and faith for human valuesand diseases associated with it. Feedback and changes in the self-development.
6	Physical exercise	Physical exercise to improvise all energy center
7	Subtle system – 4 th energy center	Introduction to 4 th energy center – cardiac plexus, their importance, qualities and diseases associated with it.Enhancement of our immunity, confidence, sense or responsibility within. Feedback and changes in the self development.
8	Common ailments & remedies, Medical approach	Liver diet Some simple treatment by using easily available material. The Gross Human Body, its relations with the Subtle Body common ailments & their remedies.
9	Subtle system- 5 th energy Centre	Introduction to 5 th energy center – cervical plexus, their importance, developing the qualities like Communication Skills, Collective / Team Work skills and diseases associated with it. Feedback and changes in the self-development.
10	Subtle system – 6 th energy center	the self-development. Introduction to 6 th energy center – optic chiasma, their importance, qualities and diseases associated with it

•		Feedback and changes in the self-development
11	Subtle system — 7 th energy center	Introduction to 7 th energy center – Limbic area, their importance, qualities and diseases associated with it. Feedback and changes in the self-development.Balanced flow of energy in the physical anatomy and the subtle system, all round development of personality
2	Importance of music	Meditation through music, on every energy center, learning about basic swar and their importance on our channels.
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IQAC/WOMEN GRIVANCE REDRESSAL CELL Sexual Harassment of Women at Workplace 2023-24

Name of the Department/ committee	IQAC/Women Grievance Redressal Cell
Name of the Coordinator	Dr Kalpana Borkar
	Dr Leena V Phate
	Dr Nitin Kongre
	Dr Premlata Kurhekar
Title of the Event/	Sexual Harassment of Women at Workplace
Programme	
Date of the Programme	28/10/2023

Objective of the event/Programme:

- Education and Understanding: Provide participants with a clear understanding of what constitutes sexual harassment, including definitions, examples, and the different forms it can take.
- Legal Framework: Inform attendees about relevant laws and regulations regarding sexual harassment in the workplace and other settings, including rights and responsibilities of both employees and employers.
- Recognizing Signs: Help participants recognize the signs of sexual harassment, both in themselves and in others, to foster a more supportive environment.
- Promoting a Safe Environment: Encourage a culture of respect and safety where individuals feel empowered to speak up and report incidents of harassment.
- Reporting Procedures: Clarify the reporting processes and support systems available for victims of sexual harassment, ensuring that attendees know how to seek help.
- Empowerment: Empower participants with tools and resources to assert their rights and support others, enhancing overall workplace morale and safety.
- Encouraging Dialogue: Facilitate open discussions around sexual harassment, allowing participants to share experiences and insights, which can lead to greater awareness and empathy.

Total No. of the Participant	115
Total No. of the Teacher	20
Participant	
Expert Faculty	Adv Priya Zoting
	Director Bliss Foundation, Nagpur

S.	Name of the Event	Report
No		

1	Awareness Program on Sexual Harassment of Women at Workplace	 The Women Grievance Redressal cell organised an Awareness program on Sexual Harassment of Women at Workplace on 02 November 2023. Dr Kalpana Borkar welcomed the guests. Adv Priya Zoting enlightened the students about the concept of sexual harassment. She elaborated the about the legal protection provided by judiciary for sexual harassment at workplace and the need of creating awareness among the girl students and working women. IQAC coordinator Dr Narendra Gharad presented his remarks on the occasion. Principal of the college Dr Sanjay Tekade gave the presidential speech. Akanksha Bangar conducted the program and Vaidhavi Telmore gave vote of thanks.
2	Outcome	 Increased Awareness: Participants gain a clearer understanding of what constitutes sexual harassment, including its various forms and implications Enhanced Workplace Culture: The program fosters a culture of respect and accountability, promoting a safer and more inclusive environment. Empowered Individuals: Participants feel more confident in asserting their rights and supporting others who may experience harassment. Dialogue and Openness: The program encourages ongoing conversations about sexual harassment, leading to greater community awareness and shared commitment to addressing the issue.

Dr Kalpana Borkar Coordinator Women Grievance Redressal Cell

Spenade

Principal Jawaharlal Nehru Arts, Comm. & Science College Wadi, Nagpur

Dr Sanjay Tekade Principal Jawaharlal Nehru Arts, Commerce & Science College, Wadi



Sexual Harassment includes

- Implied or explicit promise of PREFERENTIAL TREATMENT in her employment; or
- Implied or explicit THREATENING TREATMENT in her employment; or
- Implied or explicit THREAT ABOUT PRESENT AND FUTURE EMPLOYMENT STATUS; or
 HOSTILE WORK ENVIRONMENT
- Interference with her work
- Humiliating treatment likely to affect her health or safety.



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VSPM Academy of Higher Education Nagpur Jawaharlal Nehru Arts, Commerce and Science College Wadi, Nagpur Women Redressal Cell <u>Sexual Harassment of Women at Work Place</u>

Sr. No.	Name of the Student	1	
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1	Apeksha. N. maind	Bac 1st year	Apeksha.
2.	Kiran E. Itankar	-11-0	Trincip
3.	Sneha B. Meshram	-11-	Snehey
4.	sejal N. Sonulo	-11-	-sejal
5.	Scinjana V. Sheebale	-11-	Sanjaba
6.	Dipak A. Rawat		Favat .
7.	Akansha c' Ramteke	BSC 2nd yeare	ARamteke.
8)	Kayal R. Partel	BA 3rd year	(xayou)
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30)	Humesia Khan	-11-	Adm.
31)	Tomeshon' N. Huke	B.A. Brd years	
32)	Jannu D. Hedan	B.A 3rd year	Ponny
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51	Manisha Kushwaha	BSC .4th sem	@ anisha

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58)	Manisha T. Nikam	B.Sc 2nd year.	Prixa Jodav.
62)	Vichwac V. Kharole	B.Se 2nd your	XXX
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1 167	Manisha Kushwaha	BSC 2nd years	Hikon
19)	Manisha T. Nikam	BSC 2nd year	Priva Judan
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2])	Shraddha K. Chunde	BSC and year	- Eanury
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28 Tina T	. Likey	B. A 2adyeat	
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Phone: (07104) 220963

IQAC/WOMEN GRIVANCE REDRESSAL CELL

Awareness Program on Gender Equity and Sexual Harassment 2023-24

Name of the Department/ committee	IQAC/Women Grievance Redressal Cell
Name of the Coordinator	Dr Kalpana Borkar Dr Leena V Phate Dr Nitin Kongre Dr Premlata Kurhekar
Title of the Event/ Programme	Awareness Program on Gender Equity and Sexual Harassment
Date of the Programme	08/12/2023

Objective of the event/Programme:

- Education and Understanding: Provide participants with a clear understanding of what constitutes sexual harassment, including definitions, examples, and the different forms it can take.
- Legal Framework: Inform attendees about relevant laws and regulations regarding sexual harassment in the workplace and other settings, including rights and responsibilities of both employees and employers.
- Recognizing Signs: Help participants recognize the signs of sexual harassment, both in themselves and in others, to foster a more supportive environment.
- Promoting a Safe Environment: Encourage a culture of respect and safety where individuals feel empowered to speak up and report incidents of harassment.
- Reporting Procedures: Clarify the reporting processes and support systems available for victims of sexual harassment, ensuring that attendees know how to seek help.
- Empowerment: Empower participants with tools and resources to assert their rights and support others, enhancing overall workplace morale and safety.
- Encouraging Dialogue: Facilitate open discussions around sexual harassment, allowing participants to share experiences and insights, which can lead to greater awareness and empathy.

Total No. of the Participant	138
Total No. of the Teacher Participant	18
Expert Faculty	Adv Payal Thavare P.G. Dept of Law, RTM Nagpur University, Nagpur

S. No	Name of the Event	Report
1	Awareness Program on Gender Equity and Sexual Harassment	 The Women Grievance Redressal cell organised an Awareness program on Gender Equity and Sexual Harassment on 9 December 2023. Dr Nitin Kongre welcomed the guests. Adv Payal Thavare enlightened the students about the concept of gender equity and sexual harassment. She elaborated the concept of gender and the need of social equality. Madam also elucidated about the legal protection provided by judiciary for sexual harassment. IQAC coordinator Dr Narendra Gharad presented his remarks on the occasion. Principal of the college Dr Sanjay Tekade gave the presidential speech. Akanksha Bangar conducted the program and Vaidhavi Telmore gave vote of thanks.
2	Outcome	 Increased Awareness: Participants gain a clearer understanding of what constitutes sexual harassment, including its various forms and implications Enhanced Workplace Culture: The program fosters a culture of respect and accountability, promoting a safer and more inclusive environment. Empowered Individuals: Participants feel more confident in asserting their rights and supporting others who may experience harassment. Dialogue and Openness: The program encourages ongoing conversations about sexual harassment, leading to greater community awareness and shared commitment to addressing the issue.

Dr Kalpana Borkar Coordinator Women Grievance Redressal Cell

Severade

Principal Jawaharlal Nehru Arts, Comm. & Science College Wadi, Nagpur

Dr Sanjay Tekade Principal Jawaharlal Nehru Arts, Commerce & Science College, Wadi









Jawaharlal Nehru Arts, Commerce and Science College Wadi, Nagpur Women Redressal Cell

Awareness Program on Gender Equity and Sexual Harassment

Sr. No.	Name of the Student	28	
		Class	Signature
1.	- Indian En ITANKAY	BSC 1st year	kiran
2.	Hoeksha. N. Mama	Age 1St year	Apeksha.
3	Reshar R. Tingre	Bac 1st yeary	Kuhan
4.	Sanjana Shewalo	-11-	Sanjana
5.	Sneha B. Meshram	-11-	Sheha
6.	Sepel N. Sonule	-11-	seint
71	Samyak S. Sahare		Baline .
(8)	Dipak A. Fauat	رر	Favat :
9)	Akinsha c' Reintelie	BSC 2nd yeary	Rountere
103	Keyee R. Pater	B.A Brd year	- Kajay
(11)	Achel R. Redd	B.A.1 year	Achel
12]	shailly R. Vishulakaring	B.A. + year	Shailly .
137	Robert Warmie	BATIER	Quar mi
147	Dipak A Rawat	B.sc. I year	Parat :
(5)	Ankita. R. Pandey	BSC 3ª year	Bhleity
(10)	Bhartik. Choudhar	BSC 3rdyour	Khoren'
(\mathbf{r})	Shital U. pache	Bec 3rd Jean M. cem 4th sem	(Repres
(18)	Pociti A. Wankhede.	-1	D de.
119	Sanika R. Dobale.	BSC. 3rd year	Souls.
Ð	Bhagyashoj R. Charte	M.com 4sem	B.P.aheck
20	Spenieta 1 semicke	-1-	pointeke
(22)	Anjali P. Pannase	- 11-	Depneys
23	- Frovorish 6. 1khus		- Amy
34	Pallavi P. Solanki	B. com 4th sem	Pallavi
68)	Nagma, F. Pathan		Wallies
20)	Mandini. A. Mune		Round
Ð	Pragali . S. Wakde	-v_	progati
28	Nuter V. Jukhdeve	-11-	Pubans-

		Class	Signature
29	Gunesh D. Jamunkar	B. com 2nd year	hyper
30	Nardini T. Nikam	B.Sc 1st year	ND= Nikam
31	Nikita D. Chaudhari	BSC for year	NILity
32	Dipali . D. Ulhare	BSC 1 st glear	Dipali
33	Durga . S. lupta	BSC 1st aport BSC 1st aport	Pungg-
34	Tanuspore . D Dabhekers	<u>—11 — </u>	Janushare
35	Humesia Khan	-11-	Athan.
36	Sweety S. Verma	B.Sc 1st Year	Huleett
37	shivani B. Shahu	B. Sc 1st year	Scherhy
38	Babli D. Injole	B. A stilleas	B. Injoic
39	Ritubal R. Patel	B.A. Brd year	Auto A
40	Tomustri N. Huke		Quetohadkato
41	Bhagyashrei.s. Watchadkaro Prini, A. Bhandakkaro	b. A 3rd years	Bhondakkup
42	Dish. v. Kelwack	B.A. 3rd Skar	D.N.Kelwade
43	Swatt S. physove	B. A red year	S.S. phyove.
-44	Raving R Ramteke	B. A3 dear	Roving Ramlek
45	Kerfeel M. Sopelaete	B.A 3td year	Denekar
46	Rehit . S. Patrose	-11-	man
47	poorgo N. puese	B. Com 3 you	p.N. passe
49	Reile. cy. modelkar	B.A 2nd year	Comoyayar
50	Vanshika M. Borche	13.H2nd year	
51	Nayna . H. Harne	B.Aznayee	Time () was
52	Tina T. Uikey	B. H. 2nd year	
53	Sweta v. Panchbudhe	B.A 2ndyean Q.B 2nd year	
54	Achal J. Salam	B.A 2nd year	Phile:
55	With R. Bhusare	B.A. 2nd year	Plater.
56	Saloni-p. Bisen	R D 2 - 1 Clark	Safranci
57	A BONCE	B.AZndyear	marsha
58			e pilesha
59	Sahif - N. Awale	B. And year	Sahy Awale

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Sr. No.	Name of the Student	Class	Signature
61	Shiver P. Tembhurphiner	BA 2 year	Stive
62	Lobesh B. SAME	BAZNA YEAR	ARMANRA
63	Aditya L. KhoBeagado		Aditya
64	Puja V. Mesheam	B :12 2nd Veas	Brocherry
65	Raksha y. was	B.A. Mayoal	Right
66	Naishmoni D. Bhaloni	B. A. ondress.	Aletaneloni .
6Ŧ	Amennika Dikhatik	B. Armetyees	Anunike
68	Ruchiky Londhe	BA 2nd year	B
69	Puilly Vasanwane	B. A 2nd Year	Raise
70	Monter H. Sharka	B-A 2ndyerub	cr. Shudley
71	Agni R. Bachchhere	B.A. 27 year	AerthiR.
12	Vaishali D. Tembhare	D-A 2ndyear	Ary
73	Akenkohg J. Karsare	-11	A.B. Karsank
74	Mayon 5. Lamtelec		(geam teles
75	Sonali P. Kurve.		Starke
76	Tuoti S. Patte	-11-	-Jyoti-
77	ShazMy Sheikh	B.A 2teap	sharperos
78	Rite TONJE	BA 2 Lega	Reft.
79	Jayashsi R. Atkasi	B.A 27240	(AttKas)
80	Pratikshy Gy. Khandate	B. A Zylcor	Phonolate
81	Powal S. Kumbhalkas	B.A 2nd yade	Reunabhalkor
82	Jestati S. Babe	BA 2nd Vear	S.Bahe
83	Sandhya S. Sonbheuze	B. A 2rd year	-S- Son bhectre
84	Sandhya S. Sonbhedze kazina M. Jailgude	BA 2nd year	K. Juitgude
85	Jeevan R. Hiralken	BA 2nd year	Mireitkon -
86	Alay B. Kumbhane	BA and year	Hen
87	Vagash & Atkai	BHand year	yeu
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Sr. No.	Name of the Student	Class	Signature
189	Anijali K. Pal	B. com and year	A.P.Y.
90	Nikita R. Nonau	-1-1	Divonary.
16	Ravindra . K. Mahajal	- 11.	Ros
92	Krispikesh O. Dalbar	-11	Krishiked
28	Katan & Shende	-11-	Ashenda
94	Ayush Sh Bagde	-11-	Ayush
25	Abhilit . U. Jachar	-11-	Abrijit
96	respection, s. meshoan	-11-	Kyhitr
97	Pstackud . D Banker	-11-	pravid
82	Snehol c. norshram	-11-	Grussband
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100	Ankit N. Kho Bafeids		Dilad
101	Pritesh-R. Grandane	-1/-	Pritesh
102	Chushan T. Vikey	-11-	Wathey
103	Nagona. F. Puthan	-u-	Bagati"
104	Pragate S. Callede	e1~	Pubans.
105	Nutan S. Suchaene	-	Kurskox
106	Bayanka 3 Manaskar	-11-	Sakshi
107	Calchi R. Bhedry	-11-	Divyanshi
108	Divyunshi B. Schwarkar	-11-	Rutwig
109	Duting C. Charal		Lunce
110	Grunesh D. Jamun Kar.	-11-	Bhoveshl.
14	Bhavesh R. Tol		Anures
112	Nandini A. Muse	-1-	Paulavi
13	Pallari P. Solanki	-11-	Kongore
114	Achal. U. Dongue	-11-	Aalkumiksha
115	Aakankaha metahamakutkas		
116	Readay P. Crajbhija	-)1-	Breithige
117-	Poatiksha G. Wandchede Moyuwa . e. Mehowbein	-11-	Behaseber
118	Terreni. 8. IXURVE	-11-	DRiven.
119	Swdu . S. Bopche	-11-	Sunti
120	Rita . B. More	- 11 -	Retarase.
121	K140	11	N'ng-

1234 Vanshika A. Kasture B. com 2nd year V. Kat Shivani R. Patte 12 12 Bicom and year 125 S.P. Tameshwaeim. Lilhare B. Com 2nd year Vaishravi D Beletaz . 126 B. com 2nd years B. com 2nd years B. com 2nd years ali 127 Shareya C UKCY D Ablahkazz 130k 128 Janhui Comir. 1 129 Salshi M. Wallar Jahn 130 Samilshy R. Kubade -11-131 Riya S. gawai B. com and year S.R. Kus 132 Ruchi R. Dongre B. com 2nd year R-gau 133 mamata. D. Kohele — l t -Dongs 134 Sanika V. Bunde - 11 maria 135 Tonicha N. Mune Bund 136 Tanuja K Nagpure - 1/ ____ ÷1. the state of the s 137 Shubhapqi 3. Patel 138 Nisha R. Nonave Tanush B. com 2nd year Tan - // _ -Nieha HE MATTERS indrane of plane of where the standard and the off



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15 November 2022

Notice

All the girl students are hereby informed that Entrepreneurship Development Cell Woman Grievance Redressal Cell and has organised a workshop on **Grooming and Make-Up** on 21 November 2022 in Room No103 at 12.00 am. Grooming and makeup artist Ms. Kajal Moon will be expert.

April

Dr Archana K Deshmukh Coordinator

Dr Leena V Phate Coordinator

Dr Kalpana S Borkar Principal



Website: www.jncwadi.ac.in

VSPM Academy of Higher Education Nagpur's

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Entrepreneurship Development Cell & Women Grievance Redressal Cell:

2022-2023

Grooming and Make-up Workshop

Grooming und Mune up Workshop				
Name of the Department/ committee	Entrepreneurship Development Cell & Women Grievance Redressal Cell			
Name of the Coordinator	Dr Archana K Deshmukh Dr Leena V Phate			
Title of the Event/ Programme	me Grooming and Make-up Workshop			
Date of the Programme	21 November 2022			

Objective of the event/Programme:

- To create awareness about business opportunities as a grooming and make-up artist.
- This workshop is intended to provide the participants knowledge of personal care, which will help them, develop a personality and confidently express themselves in front of guests.
- Understand the importance of good grooming, make-up
- Become an inspirational role model
- Learn to positively influence others.

Total No. of the Participant	92
Total No. of the Teacher Participant	06
Expert Faculty	Ms. Kajal Moon

S. No	Name of the Event	Report
1	Grooming and Make-up Workshop	The Entrepreneurship Development Cell &Women Grievance Redressal Cell organised a Grooming and Make-up Workshop on 21 November 2022.

	 Ms Kajal Moon was the expert who gave insights on the importance of grooming and also conducted a live session and demonstration of personal make-up. A girl student was selected and expert performed a makeover through a live session. 92 students attended this workshop.
2 Outcome	 Trained students about entrepreneurship opportunities as a grooming artist. Be a professionally refined person. Project a confident image by being well groomed. Building up a good self-image. Self-grooming enhances students' personality.

ARehul

Dr Archana K Deshmukh Coordinator

athate

Dr Leena V Phate Coordinator

Dr Kalpana S Borkar Principal

Jawaharlal Nehru Arts Commerce and Science College Wadi, Nagpur

Entrepreneurship Development Cell and Woman Redressal Cell are jointly organizing a workshop on **Grooming and Personal Makeup** on 21 November 2022 in Room No 103 at 12.00 am. Expert and Makeup Artist Ms. Kajal Moon will conduct the session. Following students attended this program.

S.N.	Name	Class	Sign
30	Juhi Mahendra Kanhere	Bisc 5th	Kanhero
	Šakshi M. Atkari		h Sattory
	Neha Q. Kamdi		Reamde
	Anshu M. Thuspare	B. Com 3	an Alburgase
5	Puiyante B. Grajbhiye	B. com 35	m Jet bhiys
6	Ruchi R. Dongre	B.Com 1	St RuchiDongre
	Riya S. gawai	B. Com	1st R. Jawai
	Rita . B. More	B.Com 1	st Ritumore.
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11	Sandhya S. Sonbhedze	B.A.1Ser	y S. Sonbhed
12	Peodnaya V. mesheam	BAL, Se	m Badnaya.
	recanaga Vincole	B:A 1.5	em Nisha
13	Julia a	BSCISe	m Ritika
14	Million 10-11-0		Sem S. Z. Dhale
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16	Hashmi A Chavaan	B.SCIS	Benslesuch
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18	Rakshita O. Meheeban	BSC12	Ster Cours
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48	Tanuja K. Nagpure	B. Cam 1 ston	Toninga.
49	BagaH S. Kalede	B. 10 m 1st pop	Bragett
50	BagaH S. kalede. Shuufi b. Kewatkour	B. Scatter	franti
51		·_,	Base
52	Ridi Kshinsagan	-/	Ridi
53	Sakshi kladhi	B.com i've	colos.
54	Pallavi Solanki	-1-	Pallavi
	Vina chaware	-1-	V.A. Chaware
56	kajest kawadkar	- 1-	K.P. Kanoadkas
	Nondini A. Mure	-1'-	(Anure_
58		-1-	S.R. Kubeide
59	Janiko V. Bunde	-11-	Quade
60	Vonshika & A. Kusture	- 11 -	Keisture
61	Tonysha . N. Mune		Tanusha
62		B.comIyean	Alangere
63	and a second sec	B. Comy Sec	e Jahhui
64		B. Cam ^{±t} yaar	arayai
65	Nutan. v. Sukhdeve	-11-	Aubans
66	Adromissing . M. Khomdallson	-11	Abdranksh u
67.	Tanisha G. Bhoyar	B.com 1 st	gr Tanisha
68	Sakshi, P. Dhande	B.S.C 15tye	Brande.
69	Akansha 'c' Ramteke	BS-C-JS+ ye	of ARamstelle.
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71	seid L'sneme	BAST Year	Acarbardo
72	Apichou P. Glawrenne	B-Atyc	a Skall
73	Shudera V. Fanerupul	B.A1st	Nandini
_	Nancini K Tusisi	B. Com 1st yea	a sipertie
74	Shivani R. Patle Dipti M. Tagale	B.com 1st yes	n gagde

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16 Tameshwari M. Lilburge Blom 1st year alithose 77 mamata D. Kobale Michaele. -11-78 idenal V. Pravone B. comstyene abauene 79 Pratiksha Gr. Wankhede B. com Ist Recordende 80] Sakshi B. Bhedre BiomIst Saleshi 81) Reeksher G. weed B.A. Read ez) Machteri S. Kaule. B.A Modhum 83 Rina . C. Dahame B.A Ring 847 Neha . No Gtube Bocom intereste 85) mandied 5. Ray B.A (1) Seem manding 86) PrizA n. Chaudhasi Bromsson Rive 81 SamiKsha g. Patte B. com straffe 88) Neelam Kamlesh shahu -11- atthate B.A Ist Seam Jazika Vike 89] Sarèka Sagar Vike BA 1st sem Angorkon. got fit Gi. musterkor 91) Junshika n. Bolche B. Rissen (mBathe 32 Neha B. Rangari B. com/styres Nehre



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15 November 2022

Notice

All the students are hereby informed that Entrepreneurship Development Cell and Woman Grievance Redressal Cell and has organised a workshop on **Jio Smart Sales Trainee Program** on 19 November 2022 in Room No 107 at 10.30 am. Mr Sachin Oza, Senior Manager from Jio Digital Life will be the expert

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Dr Archana K Deshmukh Coordinator athate

Dr Leena V Phate Coordinator

Dr Kalpana S Borkar Principal



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Entrepreneurship Development Cell & Women Grievance Redressal Cell:2022-2023 Jio Smart Sales Trainee Program

JIU SIIIai t Sale	s framee Frogram
Name of the Department/ committee	Entrepreneurship Development Cell & Women Grievance Redressal Cell
Name of the Coordinator	Dr Archana K Deshmukh Dr Leena V Phate
Title of the Event/ Programme	Jio Smart Sales Trainee Program
Date of the Programme	19 November 2022

Objective of the event/Programme:

- To foster entrepreneurial spirit in the young minds so that it leads to generation of wealth and employment opportunities.
- professional knowledge, competencies, skills, and effectiveness and the learning process.
- Create career opportunities.
- Develop sources of earning while learning.

	6
Total No. of the Participant	168
Total No. of the Teacher Participant	06
Expert Faculty	Mr. Sachin Oza Senior Manager (Jio Digital Life)

S. No	Name of the Event	Report

1	Jio Smart Sales Trainee Program	 The Entrepreneurship Development Cell &Women Grievance Redressal Cell organised a Workshop 'Jio Smart Sales Trainee Program' on 19 November 2022. Mr. Sachin Oza, Senior Manager (Jio Digital Life)was the expert who gave insights on the opportunities of business with Jio Digital as an entrepreneur and as an employee . The program was especially focused on the giving a good earning opportunity to girls. 168 students attended this workshop.
2	Outcome	 Trained students about entrepreneurship opportunities as a partner of Jio Digital Life. Created awareness about professional opportunities Opportunity of earn while learning. Enhanced vision of girl students about a positive career. Building up a good self-image.

ARehul

Dr Archana K Deshmukh Coordinator

athate

Dr Leena V Phate Coordinator

Dr Kalpana S Borkar Principal

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Jawaharlal Nehru Arts Commerce and Science College Wadi, Nagpur

Entrepreneurship Development Cell and Woman Redressal Cell are jointly organizing a workshop on Jio Smart Sales Traince Program on 19 November 2022. Following students attended this program.

S.N.	Name	Class	Sign
1	Razia. SIX	B.A 2nd	Renig.
2	Harsburde. Putle	B.pznd	LARS
3	Babli 'O. Ingole	BA 2nd You	B. Ingole
4			R. Patel
5	Vishakha . I. Bhelave	B.A 2nd year	Vishakha.
6	swati . S. Dhueve	B.A. year	5 on your
7	Samilisha. S. Neware	B.A 2nd	Syleware
8	Monalis. Kady	B. Mand years	m. s. keldy
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10	Suloni . B. pal	B.A. 2nd ya	Bel
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12	Haushele S. Nikam		Houshally
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Randini A. Muxe.	BA 15 year	Chumbhalker
Vanshika A Kusture	B. com 1st year	(Spruck_
Q YA V. Sonwand	B. Com, 1st year	Karlunc
MANDER H. Shuffly	B.A ISt year	
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Vulshnavi W. Grube shrutika k. Gravande	B.com. Sther	
Shrub Ka. F. Orangenot	B.com. Sthelm B.com Stherm B.com 5th Sem	Vaishnavi
Tannushri. A. Meshram	B. Com 5 Sem	Tunnushil
Aamrapali. P. Lokhande	B. com 5th sem .	आमपाली
Sakshi B. Bhedre	B.com I st Sem	Sakshi
Pratiksha G. Wankhede	B. com Ist Sem	A STATE OF A
Auchal V. Bawne	B. com Ist Sem	
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Entrepreneurship Development Cell & Women Grievance Redressal Cell: 2022-2023

Fevicryl Art and	Craft workshop
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Name of the Department/ committee	Entrepreneurship Development Cell & Women Grievance Redressal Cell
Name of the Coordinator	Dr Archana K Deshmukh Dr Leena V Phate
Title of the Event/ Programme	Fevicryl Art and Craft workshop
Data af the Dromenum	09 March 2023
Date of the Programme	09 March 2025

Objective of the event/Programme:

- Create opportunities of business/entrepreneurship
- Develop sources of earning while learning
- Arts and craft activities help instil a sense of achievement and pride in children, boosting their self-confidence.
- The opportunity to create whatever a student desires helps foster creativity.
- A student will learn to make correct and effective decisions by facing and solving artistic challenges.

Total No. of the Participant			nt	63
Total No.	of	the	Teacher	Dr Kalpana S Borkar
Participant				Dr Archana K Deshmukh
				Dr Leena V Phate
				Ms Shubhangi Lamsonge
				Ms Akanksha Bangar
Expert Faculty				Ms.Kajal Totlani
				Fevicryl Art and Craft Certified Teacher

S. No	Name of the Event	Report
1	Fevicryl Art and Craft Workshop	

	 Ms.Kajal Totlani, Fevicryl Art and Craft Certified Teacher conducted this workshop She demonstrated various artefacts before the students and also gave ideas to start a business.
	 The program was especially focused on the giving a good earning opportunity to girls. 63 students attended this workshop.
2 Outcome	 Trained students about entrepreneurship opportunities as an artist. Created awareness about professional opportunities Opportunity of earn while learning. Enhanced vision of girl students about a positive career. Building up a good self-image. Enhanced creativity.

ARehul

Dr Archana K Deshmukh Coordinator

athate

Dr Leena V Phate Coordinator

Dr Kalpana S Borkar Principal

Jawaharlal Nehru Arts Commerce and Science College Wadi, Nagpur

intrepreneurship Development Cell and Woman Redressal Cell jointly organised a workshop on vericry! Art and craft Making on 09 March 2023. Following students attended this workshop. Expert AS Kajal Totlani conducted the workshop.

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Women Grievance Redressal Cell

2022-2023 Menstrual Cycle Management & Hygiene

Name of the Department/ committee	Women Grievance Redressal Cell
Name of the Coordinator	Dr Archana K Deshmukh
	Dr Leena V Phate
Title of the Event/ Program	Menstrual Cycle Management & Hygiene
Date of the Program	23 November 2022
 Objective of the event/Program: To create awareness about heal Importance of cleanliness durin To build self-confidence of girl To clarify misunderstanding reg 	g menstruation s
Total No. of the Participant	63
Total No. of the Teacher Participant	Dr Kalpana S Borkar Dr Archana K Deshmukh Dr Leena V Phate Ms Shubhangi Lamsonge Ms Akanksha Bangar
Expert Faculty	Ms. Kapgate

S. No	Name of the Event	Report
1	Menstrual Cycle Management & Hygiene	 Women Grievance Redressal Cell organised a workshop on menstrualCycle Management and Hygiene on 23 November 2022. Ms. Swati Kapagate from Amazon India Ltd was the resource person. She gave a presentation on menstrual cycle management and hygiene.

		 63 students attended this workshop. Dr Archana k Deshmukh conducted the program. Dr Manish Chavhan proposed the vote of thanks.
2	Outcome	 Comprehension of menstrual cycle, difficulties and importance of maintaining hygiene during that period. Building up a good self-image and self-confidence.

ARehul

Dr Archana K Deshmukh Coordinator

Athate

And

Dr Leena V Phate Coordinator

Dr Kalpana S Borkar Principal

Jawaharlal Nehru Arts Commerce and Science College Wadi, Nagpur

National Service Scheme and Woman Redressal Cell jointly organized a workshop for Girl Students on Menstrual Cycle Management and Hygiene on 23 November 2022 in Room No 104 at 9.00 am. Expert Ms. Pallavi Kapgate from Amazon (CSR) conducted the session. Following students attended this program.

S.N.	Name	Class	Sign
1	Aakansha Karsarpe	BA 1st year	A.T. Losaspe
	Mayon Ramteke		Rantely.
3	Vaishali Tembhare		Temphone
4	Jyoti Patle	ر	Jyoti.
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Women Grievance Redressal Cell

2022-2023 International Women's Day

Name of the Department/ committee	Women Grievance Redressal Cell
Name of the Coordinator	Dr Kalpana S Borkar Dr Archana K Deshmukh Dr Leena V Phate
Title of the Event/ Program	International Women's Day
Date of the Program	09 March 2023

Objective of the event/Program:

- Celebrating women's achievements
- Raising awareness about gender inequities, gender parity, and women's rights. It also calls for action to accelerate women's equality.
- Promoting gender equality by encouraging equal participation in social, economic, cultural, and political activities. It also focuses on issues such as reproductive rights, and violence and abuse against women.

Total No. of the Participant	126
Total No. of the Teacher	12
Participant	
Expert Faculty	Ms. Chaya Janbandhu (Mrs India)
	Ms.Bharati Patil (Jilha Parishad Sabhapati)
	Ms. Aachal Lokhande (Maharashtra TV)
	Mr Subhash Khakse (News Reporter)

S. No	Name of the Event	Report
1	International Women's Day	 Women Gr ievance Redressal Cell organised International Women's Day on9th March 2023. Ms. Chaya Janbandhu (Mrs India) Ms.Bharati Patil (Jilha Parishad Sabhapati) Ms. Aachal Lokhande (Maharashtra TV) Mr Subhash Khakse (News Reporter) were chief guests.

		• 126 students attended this workshop.
		• Dr Leena Phate gave introductory remarks.
		• All the guests delivered lectures.
		• Dr Kalpana Borkar guided students on this occasion.
		• Dr Manisha Bhatkulkar proposed the vote of thanks.
		• Dr Archana K Deshmukh conducted the program.
2	Outcome	• Taught students to reflect on progress made towards achieving gender equality and women's empowerment.
		 Created awareness to recognizing women's contribution who have
		broken barriers, demonstrated leadership, and made a significant
		impact in their respective fields.
		 Encouraged to take action to accelerate gender parity. It's also a day
		to promote gender equality within organizations and to showcase
		commitment to diversity and inclusion.
		communication to diversity and merusion.

ARehul

Dr Archana K Deshmukh Coordinator

athate

Dr Leena V Phate Coordinator

Dr Kalpana S Borkar Principal

Jawaharlal Nehru Arts, Commerce and Science College. Wadi, Nagpur

International Women's Day

The Women Redressal Cell has organized International Women's Day on 8th March 2023 at 10.00 am. The following students attended the function.

S. No	Name of the Students	Class	Signature
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2.	Jyoti S. Patle	B. A J year	Freite
3.	Vaishali D. Temphare		(Jontohana
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10.	Mahi R. Bhaisore	B.A.1 year	Mahe
11.	Akansha 'C' Pamteke	B.Sc 1º year	Alamteke
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14.	Vaishnavi B. Dhanorkar	B.A 2 year	Chanceley
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नेहरू महाविद्यालय में मनाया महिला दिवस

∎ वाडी (सं.). वाडी स्थित जवाहरलाल नेहरू महाविद्यालय में विश्व महिला दिवस पर विशेष कार्यक्रम के तहत 3 पूर्व प्रतिभावान छात्राओं का सत्कार किया गया. प्रारंभ में महिला दिवस पर सम्पन्न चित्रकला प्रदर्शनी का उदघाटन पापुलर क्विन्स ऑफ मिसेस युनिवर्स 2023 की विजेता छाया जनबंधु, जिप की पूर्व शिक्षा व वित्त सभापति भारती पाटिल, प्राचार्य कल्पना बोरकर, डॉ. नरेंद्र घारड के हाथों हुआ. मुख्य समारोह का दीप प्रजवलन कर उँदघाटन किया गया. डॉ. छाया जनबंधु, भारती पाटिल, आंचल लोखंडे इन 3 प्रतिभावान छात्राओं का प्राचार्य कल्पना बोरकर आदि के हाथों सत्कार किया गया. प्रस्तावना डॉ. लीना फाटे ने रखी. भारती पाटिल ने संबोधित करते हुए अपने जीवन संघर्ष का अनुभव व्यक्त कर छात्रों को जीवन में सफलता हेत निरंतर प्रयास



आवश्यक बताया. प्रमुख अतिथि पापुलर किया. आभार डॉ. मनीषा भातकुलकर ने क्विन्स ऑफ युनिवर्सल (पर्यावरण) -23 माना. डॉ. नभा कांबले, डॉ. संजय टेकाड़े, की विजेता डॉ. छाया जनबंधु ने अध्ययन डॉ. नितिन कोन्ग्रे, डॉ. सुधाकर बोरकर, के साथ किसी पसंद के क्षेत्र में क्रियाशील डॉ. सारंग खड़से, डा. गजानन झाड़े, डा. होने व भारतीय संविधान द्वारा प्राप्त सुभाष शॅंभेकर, डा. अरुण देवरे, डा. प्रेमा अधिकार व मौके का लाभ लेने का आह्वान कुहेंकर, डा. मनीष चव्हाण सहित अन्य किया. आंचल लोखंडे ने भी विचार व्यक्त प्राध्यापक, कर्मचारी व छात्र बड़ी संख्या में किये. संचालन डॉ. अर्चना देशमुख ने

उपस्थित थे.

Nagpur-metro-2 Edition 11-march-2023 Page No. 2 epaper.enavabharat.com



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Women Grievance Redressal Cell 2022- 2023

Legal Provisions for Women's Rights & Safety in India

Name of the Department/ committee	Women Grievance Redressal Cell	
Name of the Coordinator	Dr. Kalpana S. Borkar	
	Dr. Archana K. Deshmukh	
	Dr. Leena V. Phate	
Title of the Event/ Programme	Legal Provisions for Women's Rights & Safety in	
	India	
Date of the Programme	11 March 2023	
Objective of the event/Programme:		

- To create awareness about provision of laws available for women safety
- Importance of judiciary system for the maintenance of women's rights
- To build self-confidence of girls
- To clarify misunderstanding regarding functioning of legal provisions in India
- To create awareness about sexual-Harassment.

Total No. of the Participant	77
Total No. of the Teacher Participant	08
Expert Faculty	Adv. Ms. Swati Jibhkate

S. No	Name of the Event	Report	
1	Legal Provisions for Women's Rights & Safety in India	 Women Grievance Redressal Cell organised Legal Provisions forWomen's Rights & Safety in India on 11th March 2023. Adv. Ms. Swati Jibhkate was the expert speaker 77 students attended this program. Dr Kalpana Borkar guided students on this occasion. Ms Jyoti Patle proposed the vote of thanks. Dr Archana K Deshmukh conducted the program. 	
2	Outcome	 Girl students became aware about legal definition of sexual-harassment They also learned about various legal provisions for Women's Rights & Safety in India 	

ARehul Sphate Dr Archana K Deshmukh Dr Leena V Phate Dr Kalpana S Borkar Coordinator Coordinator Offg. Principal गटा-राजन नागपुर, मंगलवार 14 मार्च 2023 जवाहरलाल नेहरू कॉलेज नहीं वरदान में परिचर्चा का आयोजन 💵 वाडी (सं.). समाज में महिलाओं के विरोधी कानून, बलात्कार विरोधी कानून, अधिकारों को बताने के लिए महिला तक्रार अभद्र व्यवहार इत्यादी के साथ इंडियन निवारण समिति द्वारा जवाहरलाल नेहरू पिनल कोड (IPC) पोक्सो (POCSO) कला, वाणिज्य, व विज्ञान महाविद्यालय में विशाखा केस संदर्भ की महत्त्वपूर्ण एक चर्चा सत्र का आयोजन किया गया. जानकारी दी.कार्यक्रम का सूत्रसंचालन डॉ. कार्यक्रम की अध्यक्षता कार्यकारी प्राचार्य डॉ. कल्पना बोरकर ने की. प्रमुख वक्ता छात्रा ज्योती पटले ने व्यक्त किया. के रूप में एड. स्मिता जिभकाटे मौजूद धीं. उन्होंने अपने उद्बोधन में भारतीय

संविधान द्वारा महिलाओं की सुरक्षा के लिए नहीं वरदान है. इसे अच्छे से समझकर छात्राओं को संविधान में स्त्रियों के मूलभूत

नताए गए कानून व अधिकार की विस्तार इसका उपयोग करना होगा. उन्होंने अधिकार, स्त्री पुरुष समानता अधिकार,

से व्याख्याकर बताया कि कानून जंजीर कार्यक्रम में मौजूद शिक्षिकाओं के साथ दहेज प्रतिबंधक कानून, लैंगिक अत्याचार

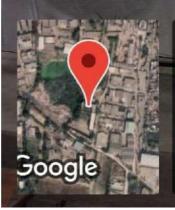
अर्चना देशमुख और आभार प्रथम वर्ष कार्यक्रम में डॉ. .लीना फाटे, डॉ. प्रेमलता कुरेकर, डॉ. सुधाकर बोरकर, एड. पंकज जिभकाटे, प्रा. शुभांगी लामसोगे, प्रा. आकांक्षा बांगर के साथ बड़ी संख्या में छात्राएं उपस्थित थीं.



Woman cell shall try to resolve th husband and wife

 If husband is stubborn. FIR may be a Approach advocate and file ap Protection of woman from Domestic

🚺 GPS Map Camera



WOMEN'S GRIEVANCE

REDRESSAL CELL

Nagpur, Maharashtra, India 5224+85R, Wadi, Nagpur, Maharashtra 440023, India Lat 21.150817° Long 79.005528° 11/03/23 11:03 AM GMT +05:30



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WOMEN'S GRIEVANCE REDRESSAL CELL

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🔋 GPS Map Camera



VSPM Academy of Higher Education, Nagpur

Jawaharlal Nehru Arts Commerce and Science College Wadi, Nagpur

Woman Redressal Cell organised an Expert Talk on Legal Provisions for Women's Rights & Safety in India on 11 March 2023. Following students attended this workshop. Expert Adv. Swati Jibhkate conducted this session.

S.N.	Name	Class	Sign
1)	Vaishali D. Tembhare	BA 1 st year	Rempharce
2)	Jyoti S. Patle	-11-	Tyriti
3)	Mayuzi S. Ramtelke	-n-	Baguri'
4)	Akanksha J. Karsarpe.	-11-	R
5)	Ragali S. Kalcele.	B. (om 1styler	
6)	Nandini A. Myre	-11-	Onure_
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10)	Dipti M. Tayde	-11-	Tode
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13)	Nandini K Marskolhe		Mandin
14)	Alchil V. Beggade		Acego e.
15)	Lokesh Solare	BA 1st Year	Delone.
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	Tayohree y. Madavi	-1~	madows
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	Jakansha M. Rhandalkast	-11-	Aakonsha
	Patikshe G. Wankhede		Pwankhede
22]	Salishi R. Bhedra	BCOMIST	Baleshi

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28] Polita V: Sonwane	B. A J'yeux Pair Ye
29] Rushika D. Bawane.	
30) Manisha B. Kushwaha.	BSCI ²⁴ year PPaisare OSCI ²⁵ Jos Durisha
31) Namrata R. Bookar	B.Sc-Semit Namoata.
32) Kojal . P. Makode	B.SC-semI Kajal
33) Jalsi K. chouhan	B.gc= semi Julai
34) Akontisha B. Panteke	BSC-SPMI
35) Hashmi A. Charhan	BSC-SemII Que
36] Sakshi T. Dhale	B.sc 1 year S.I. Dhave
37 Schal R. Meshram	BSC-2000 School
33) Chetna M. Ingle.	BSC SemI Chetha Ingle.
39) Payal Y. Gebodeswar	-11 - Chudenous
10) Sejal. C. Shende	-11- Sejal
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15] Sandhyg S. Sonbhetter	B:Als year S. Sonbham
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Internal Quality Assurance Cell (IQAC): 2021-2022 with

Women Grievance Redressal Cell

Name of the Department/ committee	Women Grievance Redressal Cell	
Name of the Coordinator	Dr Kalpana Borkar	
	Dr Archana K Deshmukh	
	Dr Leena V Phate	
Title of the Event/ Programme	Sexual Harassment of Women: Legal	
	Provisions and Redressal	
Date of the Programme	26 Feb 2022	

Objective of the event/Programme:

- Women Redressal cell is a growing community of women which share a common purpose to learn, educate and collaborate on ideas that have the power to effect meaningful and positive change while fighting the challenges they face.
- To investigate reported cases of sexual harassment of women, if any and submit its report to the disciplinary authority recommending action to be taken against the accused miscreants.
- To hold meetings regularly.
- To organise various functions acquainting the women regarding their rights.
- To equip the female students, faculty and staff members with knowledge of their legal rights.
- To safe guard the rights of female students, faculty and staff members.
- To provide a platform for listening to complaints & redressal of grievance.

Sponsored Agency /Institute	Jawaharlal Nehru Arts, commerce and	
	Science College, Wadi	
Total No. of the Participant	76	
Total No. of the Teacher Participant	12	
Expert Faculty	Adv Bhuvaneshwari Turkar-Bisen	

S.N	Name of the Event	Report
1	Sexual Harassment of Women: Legal Provisions and Redressal	 The Woman Redressal Cell organised an expert talk or Sexual Harassment of Women: Legal Provisions and Redressal. Adv Buvaneshwari Turkar-Bisen was invited as an expert or 26 Feb 2022. She delivered an excellent talk on various legal provisions to stop sexual harassment and also explained in detail the definition of sexual harassment. She also highlighted various legal laws preventing sexual Harassment. Dr N.V. Gharad (IQAC convener) presented the preamble. Dr Kalpana Borkar (off. Principal) presented the chairperson speech and Dr Archana K Deshmukh conducted the event. Dr Premlata Kurhekar proposed the formal vote of thanks. 76 students attended this presentation.
2	Outcome	• It was indeed an enlightening experience for students and encouraged how to safe guard and promote wellbeing of all gir students and women employees of the organisation.

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Dr Leena V Phate Coordinator

ARehul.

Dr Archana K Deshmukh Coordinator

Dr Kalpana Borkar Principal

VSPM Academy of Higher Education Nagpur

Dute :- 26/02/202

Jawaharlal Nehru arts commerce and Science College, Wadi

Women Redressal Cell of Jawaharlal Nehru arts commerce and Science College, Wadi organized an expert talk on Sexual Harassment of Women: Legal Provision and Redressal on 26/02/2022 at 10.30 am in auditorium. Following students attended this expert talk.

S.No	Name of Student		Class	Sign
	Jyoti k. pardhi		B.A. D year	Pyoti
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3	pallavi M. Bhende.			Dallais
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181	Pushpanjali, M. Poward	1		ense P. Pywad

(19) Pragali S. Bhiwankaro	B.com ITyen (pragali
20) Aarti D. Heckey.	-11- Attectory
21) Aachal T. Bhagat.	-11- Aulu
22) Samiksha N. Bande	-11- Aporte
23 Nikita S. kaware	B. com A. St. yeare alkause.
24 Sonali, V. Phoke	B. Com Istyen Donull
25 Adiba · M. Jehan 26 Kanakshi N Dhale	BA Final Barreshi
26 Karlahshi. N. Dhale. 27. Prachi N. Pachkawade	B.A 3rd year P. Pachkawade
20) Anjali G. Kohale	BA33rd year Anjali
29) Bomeshwari D. Kalambe	B.A. 32 200 Suble
30) Achal A. Booliar	B.A. 3th year Achert.
31) Nehe B. Jonuppone.	BA3ndyeap Nenel
32) Pooja P. Shelokar	B.A. 334 year P24
33) Sakshi V. Khobragerede	B. A 3rd year P24 B. A 3rd year Dikhobrygend
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Phone: (07104) 220963

Women Grievance Redressal Cell

International Women's Day

2021-2022

Name of the Department/ committee	Women Grievance Redressal Cell
Name of the Coordinator	Dr Kalpana Borkar Dr Archana K Deshmukh Dr Leena V Phate
Title of the Event/ Programme	International Women's Day
Date of the Programme	9 March 2022

Objective of the event/Programme:

- Women Redressal cell is a growing community of women which share a common purpose to learn, educate and collaborate on ideas that have the power to effect meaningful and positive change while fighting the challenges they face.
- To investigate reported cases of sexual harassment of women, if any and submit its report to the disciplinary authority recommending action to be taken against the accused miscreants.
- To organise various functions acquainting the women regarding their rights.
- To equip the female students, faculty and staff members with knowledge of their legal rights.
- To provide a platform for listening to complaints & redressal of grievance.

Sponsored Agency /Institute	Jawaharlal Nehru Arts, commerce and Science	
	College, Wadi	
Total No. of the Participant	97	
Total No. of the Teacher	Women Redressal Cell members	
Participant		
Expert Faculty	Mrs. Pranoti Kalamkar	
	Mrs Shital Patil	



S. No	Name of the Event	Report
1	International Women's Day	 The Woman Redressal Cell organised International Women's Day on 9 March 2022. Mrs. Pranoti Kalamkar, a poetess and Mrs Pragati Patil, Chairman of NGO were invited as the guests. Mrs Pranoti Kalamkar delivered a lecture on the importance of freedom of expression to women Mrs Shital Patil delivered a lecture on opportunities for girl students. (Mahima Bahuudeyshiya Sanstha Nagpur) Dr N.V. Gharad (IQAC convener) presented the preamble. Dr Kalpana Borkar (off. Principal) presented the chairperson speech and Dr Archana K Deshmukh conducted the event. Dr Manisha Bhatkulkar proposed the formal vote of thanks. 97 students attended this presentation.
2	Outcome	• It was indeed an enlightening experience for students and encouraged how to safe guard and promote wellbeing of all girl students and women employees of the organisation.

Apelmel

Athate

Coordinator

Coordinator

Principal

Dr Archana K Deshmukh

Dr Leena V Phate

Dr Kalpana S Borkar

VSPM Academy of Higher Education, Nagpur

Jawaharlal Nehru Arts Commerce and Science College Wadi, Nagpur

The Women Redressal Cell, IQAC and Department of English jointly organized an expert talk on the occasion of Women's Day on 9th March 2022. A poster competition was organized by Department of English on this occasion. Following students and staff members attended the expert talk and prize distribution.

S.N.	Name	Class	Sign
1	SAKSHI M. Atkari	B.A 2nd Yeas	Southous.
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VSPM Academy of Higher Education Nagpur's

Jawaharlal Nehru Arts, Commerce and Science



College, Wadi, Nagpur- 440023 (M.S.)

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Women Grievance Redressal Cell

Life skills: Health and Hygiene Management for Girls

2021-2022

Name of the Department/	Women Grievance Redressal Cell	
committee		
Name of the Coordinator	Dr Kalpana Borkar	
	Dr Archana K Deshmukh	
	Dr Leena V Phate	
Title of the Event/ Programme	Life skills: Health and Hygiene Management for	
_	Girls	
Date of the Programme	22 March 2022	

Objective of the event/Programme:

- Women Redressal cell is a growing community of women which share a common purpose to learn, educate and collaborate on ideas that have the power to effect meaningful and positive change while fighting the challenges they face.
- To investigate reported cases of sexual harassment of women, if any and submit its report to the disciplinary authority recommending action to be taken against the accused miscreants.
- To hold meetings regularly.
- To organise various functions acquainting the women regarding their rights.
- To equip the female students, faculty and staff members with knowledge of their legal rights.
- To safe guard the rights of female students, faculty and staff members.
- To provide a platform for listening to complaints & redressal of grievance.

Sponsored Agency /Institute	Jawaharlal Nehru Arts, commerce and Science
	College, Wadi
Total No. of the Participant	69
Total No. of the Teacher Participant	Women Redressal Cell members
Expert Faculty	Dr Swati Chalkhor

S. Name of the No Event		Report
1	Life skills: Health and Hygiene Management for Girls	 The Woman Redressal Cell organised a guest lecture on 22 March 2022 at 10.00 a.m. on Life skills: Health and Hygiene Management for Girls. Dr Swati Chalkhor was invited as the expert speaker. She delivered a lecture on the importance Health and Hygiene Management for Girls Dr N.V. Gharad (IQAC convener) presented the preamble. Dr Kalpana Borkar (off. Principal) presented the chairperson speech and Dr Archana K Deshmukh conducted the event. Dr Manisha Bhatkulkar proposed the formal vote of thanks. 69 girl students attended this presentation.
2	Outcome	• It was indeed an enlightening experience for students and encouraged how to safe guard and promote wellbeing of all girl students and women employees of the organisation.

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Dr Archana K Deshmukh Coordinator Dr Leena V Phate Coordinator Dr Kalpana S Borkar Principal VSPM Academy of Higher Education, Nagpur

Jawaharlal Nehru Arts Commerce and Science College Wadi, Nagpur

The Women Redressal Cell and IQAC is jointly organizing an expert talk on Life Skill: Health and Hygiene for Girls on 22 March 2022. Dr Swati Chalkhor is invited as an expert. Following students are present for this program.

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Women Grievance Redressal Cell 2019-20 Two Day Workshop on Skills and Training In Traditional Arts/Crafts

Objectives of the Programme:

Women grievance redressal cell organised a two-day workshop on skills and training in traditional arts for girl students to encourage entrepreneurship skills for economic independence.

Sponsored Agency /Institute: Rotary Club Inshanya, Nagpur

Total No. of the Participant: 47

Total No. of the Teacher Participant: 04

Expert Faculty: Rotary Club Ishanya, Nagpur Members

Report:

Women grievance redressal cell organised a two-day workshop on skills and training in traditional arts for girl students to encourage entrepreneurship skills for economic independence from on 24 & 25 September 2019. 47 girl students participated in this workshop. Expert faculty from Rotary club Ishanya trained students in the following skills:

- 1. Artificial rangoli Making
- 2. Diya decoration
- **3.** Decorative garland making
- 4. News Paper Bags

The Rotary club Inshanya, Nagpur also purchased the items prepared by the students and invited future business of diya decoration for Diwali season.

Outcome:

Skill acquisition: Participants learned new practical skills.

Creative expression: Participants discovered their natural creativity, experiment with different techniques and materials, and express themselves through color.

Self-esteem: Participants build their self-esteem and sense of achievement by learning a new skill.

Entrepreneurship Skills: This workshop provided students a business-oriented training to open opportunities of self-employment.

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Offgffgringingal Jawahartal Nehru Art. Commerce & Science College, Wadi,

Amardlekar.

Convener, Women's Grievance Redressal Committee











VSPM Academy of Higher Education Nagpur's Jawaharlal Nehru Arts, Commerce & Science College Wadi, Nagpur

TWO DAYS WORKSHOP ON SKILLS AND TRAINING IN TRADITIONAL ARTS/ CRAFTS

Organized by

WOMEN GRIEVANCE & REDRESSAL CELL

The Women Grievance & Redressal Cell has organized Two Days Workshop on Skills and Training in Traditional Arts/Crafts on 24th & 25th September, 2019 in collaboration with Rotary Club Nagpur. The following students attended the workshop.

Sr. No.	Name of the Student	Class	Signature
1.	Kieun B. Nikure	B.A.TT	Phikepe
2.	Manjusha K. Tispude	B.A.III	M. Tispuce
3.	Mina L. Sonware	B.A. II	Tronwane
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Women Grievance Redressal Cell

Guest Lecture on Gender Sensitization and Women's Safety

On March 11, 2020, the Women's Grievance Redressal Committee organized a guest lecture to commemorate International Women's Day. The event featured renowned speaker Mrs. Vijaya Marotkar, who delivered an insightful speech on 'Gender Sensitization and Women Safety.'

Mrs. Marotkar addressed crucial issues, including sexual harassment of girls, the major problems girls face in their daily lives, the importance of controlling obsessive behaviors, and the careful use of mobile phones. Her speech emphasized the need for awareness and proactive measures to ensure women's safety and equality.

The event was presided over by Officiating Principal Dr. M. M. Bhajbhuje, who delivered the presidential address. The introductory remarks were given by the Convener, Dr. Kalpana Mandlekar, setting the stage for the lecture.

Dr. Archana Deshmukh conducted the programme, ensuring its smooth flow, and Dr. Nabha Kamble concluded the event with a formal vote of thanks.

A total of 92 students attended the programme, actively engaging with the topics discussed and contributing to the success of the event.

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Convener, Women's Committee

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Offg Prinfileabi Jawaharlai Nehru Art. Commerce & Science College, Wadi,



नागपूर : महिला तक्रार निवारण समितीअंतर्गत जवाहरलाल नेहरू कला, वाणिज्य व विज्ञान महाविद्यालयात महिला दिन साजरा करण्यात आला. या कार्यक्रमाला प्रमुख अतिथी म्हणून प्रा. विजया मारोतकर होत्या. त्याचप्रमाणे महाविद्यालयाचे प्रभारी प्राचार्य डॉ. एम. एन. भजभुजे कार्यक्रमाच्या अध्यक्षस्थानी होते. प्रमुख वक्त्या प्रा. विजया मारोतकर यांनी 'पोरी जरा जपून' या विषयातंर्गत' मोबाइल जपून वापर गं पोरी! अश्लीलता आवर गं पोरी' असा महत्वाचा कानमंत्र दिला. आधुनिक काळातील स्त्री जीवनातील समस्या, मुलींवर होणारे अत्याचार अशा परिस्थीतीत सावधगिरी कशाप्रकारे बाळगावी याबाबत मार्गदर्शन केले. प्रभारी प्राचार्य डॉ. एम. एन भजभुजे यांनी अध्यक्षीय भाषण दिले. कार्यक्रमाचे प्रास्ताविक महिला तक्रार निवारण समितीच्या संयोजक डॉ. कल्पना मंडलेकर यांनी केले. संचालन डॉ. अर्चना देशमुख तर आभार डॉ. नभा कांबळे यांनी मानले.

गाडगे महाराज कॉलेजमध्ये महिला दिन

VSPM ACADEMY OF HIGHER EDUCATION, NAGPUR JAWAHARLAL NEHRU ARTS, COMMERCE & SCIENCE COLLEGE,

ADI, NAGPUR-440 023 (M.S.) 🕿 (07104) 220963, E-mail: jnc.wadi@rediffmail.com

Date: 11/03/2020

To, Mrs. Vijaya Marotkar Nagpur

Subject: - Invitation letter

Dear Madam,

Women Redressal Cell of the college is organizing a guest lecture on 11th March, 2020 at 9.30 am. You are invited as a guest to speak on 'Gender Sensitization and Women Safety'. We look forward to your presence and guidance.

Thanking you.

Off**orincipel** Jawaharlal Nehru Art, Commerce & Science College, Wadi,



VSPM ACADEMY OF HIGHER EDUCATION, NAGPUR JAWAHARLAL NEHRU ARTS, COMMERCE & SCIENCE COLLEGE,

ADI, NAGPUR-440 023 (M.S.) 🖀 (07104) 220963, E-mail: jnc.wadi@rediffmail.com

Date: 11/03/2020

To, Mrs. Vijaya Marotkar Nagpur

Subject: - Letter of Appreciation

Dear Madam,

The Women Redressal Cell, Jawaharlal Nehru Arts, Commerce and Science College Wadi, Nagpur would like to thank you for accepting our invitation to be the speaker for the guest lecture on 'Gender Sensitization and Women's Safety' on 11th March, 2020. Your information and thought provoking speech was extremely beneficial for all the participants. We look forward to your co-operation, guidance and support in future for many

similar activities. Thanking you.

Offg fg Prinfiesbi Jawaharlal Nehru Art; Commerce & Science College, Wadi,

VSPM Academy of Higher Education Nagpur Jawaharlal Nehru Arts, Commerce and Science College Wadi, Nagpur

Guest Lecture on Gender Sensitization and Women Safety Organized by

Women Redressal Cell

The Women Redressal Cell has organized guest lecture on Gender Sensitization and Women Safety on 11th March 2020. The following students attended the workshop.

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VSPM Academy of Higher Education Nagpur's

Jawaharlal Nehru Arts, Commerce and Science

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(Affiliated to RTM Nagpur University, Nagpur)



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Women Grievance Redressal Cell and Dept of Zoology WORKSHOP ON MAKING CLOTH AND PAPER BAGS

17 - 19 September 2018.

AIMS AND OBJECTIVES

Website: www.jncwadi.ac.in

- Women Empowerment
- Scope and opportunity in this business
- Guidance to start paper bag manufacturing unit
- Detailed information on paper bag manufacturing process
- Business promotion and marketing strategy

REPORT

Currently, paper bags have become a style statement for the people of India and abroad. The demand for eco-friendly paper bags is rising at an exponential rate throughout the county and it will continue to rise in coming years. Jawaharlal Nehru Arts, Commerce and Science College Wadi, Nagpur in collaboration with Mahima Bahuddeshiye Samajik Sanstha Nagpur successfully conducted 3 days (17 to 19 September 2018) workshop for women empowerment of college students as well as ladies from nearby locality for making paper and cloth bags which will be used as a replacement for plastic bags. Under this initiative, we are creating awareness among youth & women regarding the ill effects of using plastic bags and in turn, training them to make bags using recyclable materials like paper & cloth., The director of this unit Mrs. Shital Patil and her team very well organized this workshop. They all taught me how to make both paper and cloth bags, with newspaper and those bags were also very useful in different shops.

OUTCOME

- A source of self-help and self-confidence for girl students.
- Created opportunities, space, and scope for the development of the skill of community.
- Provides training, support, and guidance for the skill related occupations.
- provided complete knowledge of how to make paper and cloth bags and also marketing of those bags





















Amandlekar.

Dr. Kalpana Mandlekar

Dr. J. R. Bostulwar Jawaharlal Nehru Arts, Comm. & Science College Wadi, Nagpur



VSPM ACADEMY OF HIGHER EDUCAION, NAGPUR JAWAHARLAL NEHRU ARTS, COMMERCE & SCIENCE COLLEGE, WADI, NAGPUR-440 023 (M.S.) 2 (07104) 220963, E-mail:

jncollegewadi@rediffmail.com

The following students/ beneficiaries are present for cloth and paper bags making workshop organized by Women Empowerment and Skill Development Cell in collaboration with Mahima Bahuddeshi Samajik Sanstha, Nagpur.

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GUEST LECTURE ON MENSTRUATION AND HYGIENE 2018-19

AIMS AND OBJECTIVES

AIMS AIMS Aim to do more than transmit information to vast quantities of resources, lectures with information do more than transmit information. A good lecture serves as a catalyst by: should and the subject and providing an overview by identifying key areas.

- 2. Approaches and the literature available,
- Approximulate thinking and facilitating understanding,
 It also stimulate thinking and facilitating understanding,

3. It also states and motivating further enquiry and discussion It inculcate the knowledge among students and also create interest in the subject. 4. Guest lectures expose students to real world life experiences.

REPORT-

A guest lecture was arranged by Department of zoology in collaboration with Women Redressel Cell. On 28 Sept 2018 and the guest speaker was Dr. Archana Meshram, Dept of Zoology Dr. Ambedkar College, Nagpur.

The entire Informative talk about the theme Menstruation and Hygiene. She delivered her lecture very immensely, She gave a brief overview of the research activity going on in this field in India and abroad, what are the expected future outcomes of different projects under Menstruation , what are the consecutive effect of non hygienic practices under menstruation

During her lecture she shared very nice information about what is menstruation cycle. , how many days it take to complete, what are the effects of non hygienic practices under

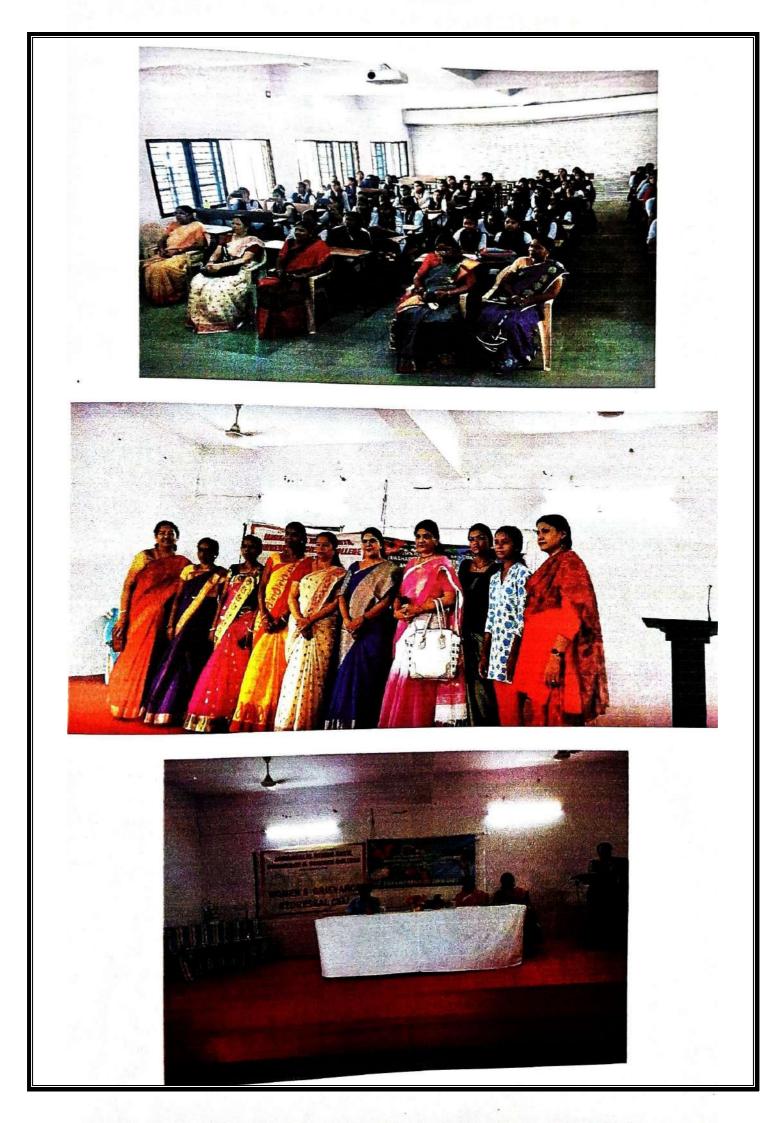
Lastly there was question answer session with the students. Students enjoyed a lot. Most of the girl students they asked about the infection which they can carry after using bad quality sanitary napkins, and how one could get rid of these type of consequences. She also focus on using good quality of Sanitary napkins and the use of it, while menstrual cycle.

OUTCOME/RESULT:-

- 1. Students get the complete information about different aspects of Menstruations.
- 2. Various hygienic values are shared by the guest speaker.
- 3. Students know and how of the menstrual hygiene in day to day life.
- 4. They convinced about the use of cotton sanitary napkins so they would not get infected by the infection in their body.
- The overview of the guest lecture was achieving the depth of knowledge about Menstruation and various diseases and to know advance research in this field.

PHOTOGRAPHS







JAWAHARLAL NEHRU ARTS, COMMERCE & SCIENCE COLLEGE,

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नोटीस

दिनांक:--

सर्व महिला प्राध्यापक व विद्यार्थिनींना सुचित करण्यात येत आहे की, दि. 28 सप्टेंबर 2018 रोज शुक्रवारला, सकाळी 1130 वाजता खोली क्र. 107 मध्य महिला तक्रार निवारण समीती⁹ व प्राणिशास्त्र विमागाद्वारे महिलांच्या आरोग्याविषयी समस्या व त्याचे उपाय, या विषयावर डॉ. अर्चना मेश्राम यांचे व्याख्यान आयोजित करण्यात आले आहे. तरी सर्व महिला प्राध्यापक व विद्यार्थिनीनी उपस्थित रहावे.

आयोजक विमाग प्रमुख

Dr. Mahiaha Bhatkulkar Hest Dopt. of Zaslogy. Jawaharial Nohru Gollogo Wadi. Olst. Nagpur.

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<u>Women Redressal Cell</u>

The following students/ beneficiaries/Teaching staff members are present for guest lecture on "MENSTRUATION AND HYGIENE" organized by pepartment of Zoology in collaboration with Women Redressal Cell on

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Women Redressal Cell

The following students/ beneficiaries/Teaching staff members are present for guest lecture on "MENSTRUATION AND HYGIENE" organized by Department of Zoology in collaboration with Women Redressal Cell on 28/09/2018 in Auditorium.

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CERTIFICATE OF APPRECLATION

Dr Archana Meshram Asst. Professor, Department Zoology Dr Ambedkar College Dikshabhoomi, Nagpur has conducted the guest lecture on "MENSTRUATION AND HYGIENE" organised by Department of Zoology in collaboration with Women Redressaal Cell at Jawaharlal Nehru Arts, Commerce and Science College, Wadi, Nagpur dated 28/Sept/2018. She delivered a valuable and resourceful lecture and enlightens the student's ladies participants and it benefitted the majority of the girls' students as well as ladies participants.

Thanking You

Date: 28/09/2018

Place: Wadi, Nagpur

Convener, Women Redressal cell

Principal

DR. (Mrs.) KALLING C. WANDLEKAR Auto. arithmer & Feed, Depirement, of Economics, Jawahstar Nohry College, Wadi, Nagpur-23

Head Department of

Zoology Dr. Marticha Biratkufkur Herd Cept. of Zochogy Jawaharisi Netro College Wadi, Orst, Netpuri